

St Cuthbert's, Thetford Sunday 9th August 2020 9th Sunday after Trinity

WELCOME & Notices

President: In the name of the Father, and of the Son, and of the Holy Spirit

ALL: *AMEN.*

President: Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you

ALL: *and also with you.*

President: *The minister may say*

We have come together in the name of Christ
 to offer our praise and thanksgiving,
 to hear and receive God's holy word,
 to pray for the needs of the world,
 and to seek the forgiveness of our sins,
 that by the power of the Holy Spirit
 we may give ourselves to the service of God.

PRAYERS OF PENITENCE

President: If we say that we have no sin, we deceive ourselves, and the truth is not in us: but if we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. *1 John 1.8, 9*

Let us therefore confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all:

ALL: *Almighty God, our heavenly Father,
 we have sinned against you and against our neighbour,
 in thought and word and deed,
 through negligence, through weakness,
 through our own deliberate fault.
 We are truly sorry and repent of all our sins.
 For the sake of your Son, Jesus Christ,
 who died for us,
 forgive us all that is past;
 and grant that we may serve you
 in newness of life
 to the glory of your name. AMEN.*

President: Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness and keep you in life eternal, through Jesus Christ Our Lord. *AMEN.*

President: Let everything be said and done in the name of the Lord Jesus,

ALL: **giving thanks to God through Jesus Christ.**

President: Sing psalms, hymns and sacred songs:

ALL: ***let us sing to God with thankful hearts.***

President: Open our lips, Lord:
ALL: *and we shall praise your name.*

You may wish to stand for the Gloria

ALL: *Glory to God in the highest,
 and peace to his people on earth.
 Lord God, heavenly King,
 almighty God and Father,
 we worship you,
 we give you thanks,
 we praise you for your glory.
 Lord Jesus Christ, only Son of the Father,
 Lord God, Lamb of God,
 you take away the sin of the world:
 have mercy on us;
 you are seated at the right hand of the Father:
 receive our prayer.
 For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High, Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father. Amen.*

THE COLLECT

The President introduces a period of silent prayer. The Collect for the day is said.

Almighty God,
 who sent your Holy Spirit
 to be the life and light of your Church:
 open our hearts to the riches of your grace,
 that we may bring forth the fruit of the Spirit
 in love and joy and peace;
 through Jesus Christ your Son our Lord,
 who is alive and reigns with you,
 in the unity of the Holy Spirit,
 one God, now and for ever.

First Reading Romans 10:5-15

Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.' But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?"' (that is, to bring Christ down) 'or "Who will descend into the abyss?"' (that is, to bring Christ up from the dead). But what does it say? 'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, 'How beautiful are the feet of those who bring good news!'

This is the word of the Lord All **Thanks be to God**

Second reading Matthew 14:22-33

Immediately after feeding the crowd with the five loaves and two fish, Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them.

And early in the morning he came walking towards them on the lake. But when the disciples saw him walking on the lake, they were terrified, saying, 'It is a ghost!' And they cried out in fear. But immediately Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.' Peter answered him, 'Lord, if it is you, command me to come to you on the water.' He said, 'Come.' So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, 'Lord, save me!' Jesus immediately reached out his hand and caught him, saying to him, 'You of little faith, why did you doubt?' When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

This is the word of the Lord All **Thanks be to God**

SERMON

PRAYERS AND INTERCESSIONS

We sit or kneel to pray

President: Let us pray with confidence as our Saviour has taught us

All **Our Father,**
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power, and the glory
for ever and ever. Amen.

Prayers of Intercession

These responses may be used
 Lord, in your mercy **A// hear our prayer.**

In the power of the Spirit and in union with Christ, let us pray to the Father.
 Almighty God, our heavenly Father, you promised through your Son Jesus Christ to hear us when we pray in faith.

Strengthen *N* & our bishops and all your church in the service of Christ, that those who confess your name may be united in your truth, live together in your love, and reveal your glory in the world.

Bless and guide *Elizabeth our Queen*; give wisdom to all in authority; and direct this and every nation in the ways of justice and of peace; that we may honour one another, and seek the common good.

Give grace to us, our families and friends, and to all our neighbours, that we may serve Christ in one another, and love as he loves us.

Comfort and heal all those who suffer in body, mind, or spirit . . . ; give them courage and hope in their troubles; and bring them the joy of your salvation.

Hear us as we remember those who have died in the faith of Christ; according to your promises grant us a share with them in your eternal kingdom.

Rejoicing in the fellowship of [*N and of*] all your saints, we commend ourselves and the whole of creation to your unfailing love.

Merciful Father,
A// accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

The Blessing or Grace

The peace of God,
 which passes all understanding,
 keep your hearts and minds
 in the knowledge and love of God,
 and of his Son Jesus Christ our Lord;
 and the blessing of God almighty,
 the Father, the Son, and the Holy Spirit,
 be among you and remain with you always.

A// Amen.

President: Let us go in peace to love and serve the Lord.
A// In the name of Christ. Amen.